

# Course Syllabus

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## Faculty Information

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**Office hours:** Arranged via email

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## Course Information

### Course Number

NUR 550

### Course Title

Health Assessment

### Credit Hours

2

### Course Modality

Hybrid

### Course Meeting Information

TBD

### Prerequisites

Acceptance into the MEPN program.

### Co-requisites

- NUR 514, NUR 518

### Course Description

This course will provide the student with knowledge and skills basic to health assessment in nursing. The course emphasizes critical thinking skills required for accurate collection and analysis of client health information and provides opportunities for enhancement of physical assessment skills.

### General Course Overview/Objectives

1. Students will learn how to do an effective history and physical assessment
2. Students will gain an understanding of holistic assessment
3. Students will study the process of health promotion during assessment

### Student Learning Outcomes

At the completion of this course, students will be able to:

1. Identify principles of taking a patient history in the assessment process of individuals
2. Identify major components of the physical assessment, including techniques and principles, as they apply to individuals across the lifespan
3. Efficiently and systematically perform a head-to-toe examination
4. Analyze cultural, developmental, spiritual, and psychosocial variations in the health state of individuals based upon health assessment data collected, both focused and head to toe.
5. Examine the concept of health, health promotion, risk reduction, and disease prevention through the lifespan during focused and head to toe.
6. Communicate health assessment finding succinctly and professionally.

### **NONPF Competencies and AACN Essentials**

This course meets several National Organization of Nurse Practitioner Faculties (NONPF) Competencies for Nurse Practitioners and American Association of Colleges of Nursing (AACN) Essentials of Doctoral Education for Advanced Nursing Practice. A detailed listing of which standards this course meets is included at the end of the syllabus.

## **Course Materials**

### **Required Materials**

- Assessment Technologies Institute Health Assessment module

## **General Topic Schedule**

	<b>Outcome(s)</b>	<b>Topics/Lessons</b>	<b>Activities</b>	<b>Assignments</b>
<b>Week 1</b>	Identify principles of history taking in the assessment process of individuals	<ul style="list-style-type: none"> <li>• Interviewing</li> <li>• Health History</li> </ul>	ATI Introduction to Health Assessment, General survey and Health history	<ul style="list-style-type: none"> <li>• Performance profile report on General survey and</li> </ul>
<b>Week 2</b>	Identify major components of the musculoskeletal and neurological assessment, including techniques and principles, as they apply to individuals across the lifespan	Musculoskeletal Neurological HEENT	<ul style="list-style-type: none"> <li>• ATI Simulation, head, neck and neurological overview and case study module</li> </ul>	<ul style="list-style-type: none"> <li>• Performance profile report</li> </ul>

<b>Week 3</b>	Identify major components of the cardiovascular assessment, including techniques and principles, as they apply to individuals across the lifespan	<ul style="list-style-type: none"> <li>• Cardiovascular</li> </ul>	<ul style="list-style-type: none"> <li>• ATI Cardiovascular, present health conditions and case study.</li> </ul>	<ul style="list-style-type: none"> <li>• Performance profile review</li> </ul>
<b>Week 4</b>	Efficiently and systematically perform a focused musculoskeletal and neurological exam	<ul style="list-style-type: none"> <li>• Musculoskeletal</li> <li>• Neurological</li> <li>• HEENT</li> </ul>	<ul style="list-style-type: none"> <li>• ATI David Rodriguez virtual practice</li> </ul>	<ul style="list-style-type: none"> <li>• Practice Lab</li> <li>• Successful assessment</li> </ul>
<b>Week 5</b>	Efficiently and systematically perform focused cardiovascular examination	<ul style="list-style-type: none"> <li>• Cardiovascular</li> </ul>	<ul style="list-style-type: none"> <li>• ATI Harold Stevens virtual practice</li> </ul>	<ul style="list-style-type: none"> <li>• Practice Lab</li> <li>• Successful assessment</li> </ul>
<b>Week 6</b>	Identify major components of the respiratory and abdominal assessment, including techniques and principles as they apply to individuals across the lifespan.	<ul style="list-style-type: none"> <li>• Respiratory</li> <li>• Abdominal</li> </ul>	<ul style="list-style-type: none"> <li>• ATI Respiratory overview and case study module</li> </ul>	<ul style="list-style-type: none"> <li>• Performance Profile review</li> </ul>
<b>Week 7</b>	Efficiently and systematically perform a focused respiratory and abdominal examination  Review head to toe assessment	<ul style="list-style-type: none"> <li>• Respiratory</li> <li>• Abdominal</li> <li>• Review head to toe</li> </ul>	Shirley Williamson and Diane Radford virtual practice	<ul style="list-style-type: none"> <li>• Practice Lab <ul style="list-style-type: none"> <li>• Successful assessment</li> </ul> </li> </ul>
<b>Week 8</b>	Identify major components of the	<ul style="list-style-type: none"> <li>• Head to toe</li> </ul>	<ul style="list-style-type: none"> <li>• ATI Head to Toe module and</li> </ul>	<ul style="list-style-type: none"> <li>• Practice Lab</li> </ul>

	physical assessment, including techniques and principles, as they apply to individuals across the lifespan		Timothy Lee virtual challenge	<ul style="list-style-type: none"> <li>• Head to toe assessment</li> <li>• Successful assessment</li> </ul>
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## Course Grading

### Methods of Instruction

This course uses Canvas for the facilitation of communications between faculty and students, submission of assignments, and posting of grades. The course site can be accessed at <https://my.asu.edu> or <https://canvas.asu.edu>.

Activities in this course include discussion/presentations; textbook and supplemental readings; individual and group activities; and case scenarios.

### Methods of Evaluation

Assessment Type	Number in Course	Total Course Value
ATI lessons	4	30
Case Study	4	20
Practice Lab	3	30
Head to toe assessment	1	20

### Description of Assessments

- 1) Students will access and complete ATI learning modules and will be graded on the overall lessons and case studies.
- 2) Students will attend three (3) practice and 1 comprehensive lab and graded on successful performance.

Grade	GPA	Percentage
<b>A</b>	4.0	90 – 100%
<b>B</b>	3.0	80 – 89%

<b>Grade</b>	<b>GPA</b>	<b>Percentage</b>
<b>C</b>	2.0 Course must be repeated	70 – 79%
<b>D</b>	1.0 Course must be repeated	60 – 69%
<b>E</b>	0.0 Course must be repeated	59% and below

### **Course Grading Procedure**

Grades reflect your performance on assignments and adherence to deadlines. Graded assignments will be available within 72 hours of the due date via the Grades tab in Canvas, unless otherwise notified by the instructor.

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## **Course Policies & Procedures**

### **Technology Enhanced Course**

This is a course that requires active participation in both the online and face-to-face components of the course.

### **Communicating With the Instructor**

This course uses a Canvas discussion board called "Hallway Conversations" for general questions about the course. Prior to posting a question, please check the syllabus, announcements, and existing posts. If you do not find an answer, post your question. You are encouraged to respond to the questions of your classmates.

Email questions of a personal nature to your instructor or assigned TA. You can expect a response within two business days.

### **Email and Canvas Inbox**

ASU email is an official means of communication among students, faculty, and staff (<http://www.asu.edu/aad/manuals/ssm/ssm107-03.html>). Instructor correspondence will be sent to your ASU email account or through the Canvas Conversations Inbox tool. Please ensure that your Canvas notification preferences are current at the beginning of each semester (for more information see <https://community.canvaslms.com/docs/DOC-10624-4212710344>).

*Students are expected to read and act upon messages in a timely fashion. Students bear the responsibility of missed messages and should check their ASU-assigned email and Canvas Inbox regularly.*

### **Campus Network or Canvas Outage**

When access to Canvas is not available for an extended period of time (greater than one entire evening) you can reasonably expect that the due date for assignments will be changed to the next day (assignment still due by 11:59pm).

If an outage occurs, it is expected that you will confirm that the outage is with the University and not your local internet service provider. To monitor the status of campus networks and services, please visit the System Health Portal (<https://uto.asu.edu/system-health>). If a system-wide ASU outage is NOT listed, you are responsible for contacting the ASU Help Desk to report and troubleshoot the issue. By contacting the help desk, a request case number will be created for you, which serves as an important documentation of your attempt to resolve any technical problems in a timely fashion. You may be required to forward this documentation to your instructor.

### **Course Time Commitment**

This two credit course three-credit course requires approximately 90 hours of work. Please expect to spend 3 hours each week in class and around 6 hours each week completing homework and preparing for the class time.

### **Absences and Late or Missed Assignments**

Students are expected to attend every class and remain in class for the duration of the session. Failure to attend class or arriving late may impact your ability to achieve course objectives which could affect your course grade. An absence, excused or unexcused, does not relieve a student of any course requirement. Regular class attendance and adherence to assignment/test due dates are the student's responsibility. Please follow the appropriate University policies to request an accommodation for religious practices (<http://www.asu.edu/aad/manuals/acd/acd304-04.html>) or to accommodate a missed assignment due to University-sanctioned activities (<http://www.asu.edu/aad/manuals/acd/acd304-02.html>).

Notify the instructor BEFORE an assignment is due if an urgent situation arises and the assignment will not be submitted on time. Published assignment due dates (Arizona Mountain Standard time) are firm.

### **Submitting Assignments**

All assignments, unless otherwise announced, MUST be submitted to the designated area of Canvas. Do not submit an assignment via other methods unless specifically directed.

### **Drop and Add Dates/Withdrawals**

This course adheres to a set schedule and may be part of a sequenced program, therefore, there is a limited timeline to drop or add the course (<https://students.asu.edu/academic-calendar>). Consult with your advisor and notify your instructor to add or drop this course. If you are considering a withdrawal, review the following ASU policies:

- Withdrawal from Classes (<http://www.asu.edu/aad/manuals/ssm/ssm201-08.html>)
- Medical/Compassionate Withdrawal (<http://www.asu.edu/aad/manuals/ssm/ssm201-09.html>)
- Grade of Incomplete (<http://www.asu.edu/aad/manuals/ssm/ssm203-09.html>)

### **Grade of Incomplete**

Students must request a grade of Incomplete at least two weeks prior to the last day of the semester. DNP students are required to have successfully completed 80% of their coursework (with a B or better) prior to requesting a grade of incomplete. A grade of "I" can only be given when a student, who is doing otherwise acceptable work, is unable to complete a course (e.g.,

final exam or term paper) because of illness or other conditions beyond the student's control however it is entirely up to the instructor to approve the Incomplete. The student and instructor must complete a Request for Grade of Incomplete form.

The exact timeframe for completion is negotiated between student and faculty however; students who receive a grade of "I" in any course must complete course requirements within one calendar year of the scheduled course and may NOT have longer than one calendar year. If a regular grade is not assigned within the calendar year, the "I" becomes permanent part of the transcript. To repeat the course for credit students must re-register and pay the required fees. The grade for the repeated course will appear on the transcript but will not replace the permanent "I." Please see your program's student handbook for the procedure for to request an Incomplete.

### **Grade Appeals**

Grade disputes must first be addressed by discussing the situation with the instructor. If the dispute is not resolved with the instructor, the student may appeal to the department chair per the University Policy for Student Appeal Procedures on Grades (<https://catalog.asu.edu/appeal>).

### **Student Conduct and Academic Integrity**

ASU expects and requires its students to act with honesty, integrity, and respect. Required behavior standards are listed in the Student Code of Conduct and Student Disciplinary Procedures (<http://www.asu.edu/aad/manuals/ssm/ssm104-01.html>), Computer, Internet, and Electronic Communications policy (<http://www.asu.edu/aad/manuals/acd/acd125.html>), ASU Student Academic Integrity Policy (<http://provost.asu.edu/academicintegrity> and <https://provost.asu.edu/node/20>), and outlined by the Office of Student Rights & Responsibilities (<https://eoss.asu.edu/dos/srr>). Anyone in violation of these policies is subject to sanctions.

Students must refrain from uploading to any course shell, discussion board, or website used by the course instructor or other course forum, material that is not the student's original work, unless the students first comply with all applicable copyright laws; faculty members reserve the right to delete materials on the grounds of suspected copyright infringement.

Students are entitled to receive instruction free from interference by other members of the class (<http://www.asu.edu/aad/manuals/ssm/ssm104-02.html>). An instructor may withdraw a student from the course when the student's behavior disrupts the educational process per Instructor Withdrawal of a Student for Disruptive Classroom Behavior (<http://www.asu.edu/aad/manuals/ssm/ssm201-10.html>).

Appropriate online behavior (also known as *netiquette*) is defined by the instructor and includes keeping course discussion posts focused on the assigned topics. Students must maintain a cordial atmosphere and use tact in expressing differences of opinion. Inappropriate discussion board posts may be deleted by the instructor.

If a student should deem any part of the course content offensive, this should be brought to the attention of the instructor, or alternatively, to the unit chair or director via email. Communication should include reference to the course information and specific offensive content.

The Office of Student Rights and Responsibilities accepts incident reports (<https://eoss.asu.edu/dos/srr/filingreport>) from students, faculty, staff, or other persons

who believe that a student or a student organization may have violated the Student Code of Conduct.

### **Title IX Statement**

Title IX is a federal law that provides that no person be excluded on the basis of sex from participation in, be denied benefits of, or be subjected to discrimination under any education program or activity. Both Title IX and university policy make clear that sexual violence and harassment based on sex is prohibited. An individual who believes they have been subjected to sexual violence or harassed on the basis of sex can seek support, including counseling and academic support, from the university. If you or someone you know has been harassed on the basis of sex or sexually assaulted, you can find information and resources at <https://sexualviolenceprevention.asu.edu/faqs>.

As a mandated reporter, I am obligated to report any information I become aware of regarding alleged acts of sexual discrimination, including sexual violence and dating violence. ASU Counseling Services, <https://eoss.asu.edu/counseling> is available if you wish to discuss any concerns confidentially and privately. ASU online students may access 360 Life Services, <https://goto.asuonline.asu.edu/success/online-resources.html>.

### **Edson College of Nursing and Health Innovation Student Handbook**

Students are expected to adhere to the policies and guidelines in the current edition of the Edson College of Nursing and Health Innovation for your program (<https://nursingandhealth.asu.edu/student-life/current-students>).

### **Prohibition of Commercial Note Taking Services**

In accordance with ACD 304-06 Commercial Note Taking Services (<http://www.asu.edu/aad/manuals/acd/acd304-06.html>), written permission must be secured from the official instructor of the class in order to sell the instructor's oral communication in the form of notes. Notes must have the note taker's name as well as the instructor's name, the course number, and the date.

### **Course Evaluation**

Students are expected to complete the course evaluation. The feedback provides valuable information to the instructor and the college and is used to improve student learning. Students are notified when the online evaluation form is available.

### **Syllabus Disclaimer**

The syllabus is a statement of intent and serves as an implicit agreement between the instructor and the student. Every effort will be made to avoid changing the course schedule but the possibility exists that unforeseen events will make syllabus changes necessary. Please remember to check your ASU email and the Canvas course site often.

Syllabus Template Version 3.3

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## **Accessibility Statement**

**Disability Accommodations:** Qualified students with disabilities who will require disability accommodations in this class are encouraged to make their requests to me at the beginning of the semester either during office hours or by appointment. Note: Prior to receiving disability



accommodations, verification of eligibility from ASU Student Accessibility and Inclusive Learning Services (SAILS) is required. Disability information is confidential.

**Establishing Eligibility for Disability Accommodations:** Students who feel they will need disability accommodations in this class but have not registered with Student Accessibility and Inclusive Learning Services (SAILS) should contact SAILS immediately. Campus locations and contact information are available on the SAILS website (<https://eoss.asu.edu/drc>). Check the SAILS website (<http://eoss.asu.edu/drc>) for eligibility and documentation policies.

Email: [DRC@asu.edu](mailto:DRC@asu.edu)

SAILS Phone: (480) 965-1234

SAILS FAX: (480) 965-0441

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## Technical Requirements & Support

### Computer Requirements

This course requires Internet access and the following:

- A web browser. Please use only Google Chrome (<https://www.google.com/chrome>) or Mozilla Firefox (<http://www.mozilla.org/en-US/firefox/new/>)
- Adobe Acrobat Reader (<http://get.adobe.com/reader/>)
- Adobe Flash Player (<http://get.adobe.com/flashplayer/>)
- Microphone (optional) and speaker

### Computer Skills Requirements

It is expected that you will be able to do at least the following tasks on a computer:

- Accessing and using instructional/communication tools in the Canvas Learning Management System (see <https://community.canvaslms.com/docs/DOC-10701> for more information)
- Using ASU email (see <http://links.asu.edu/emailguide> for more information)
- Creating and submitting files in commonly used word processing program formats (specifically Microsoft Word)
- Copying and pasting text
- Downloading and installing software
- Using spreadsheet programs (specifically Microsoft Excel)
- Using presentation and graphic programs

### Technical Support

This course uses Canvas to deliver course content. It can be accessed through MyASU at <http://my.asu.edu> or the Canvas home page at <https://canvas.asu.edu>.

To monitor the status of campus networks and services, visit the System Status Portal at <https://systemstatus.asu.edu> or via Twitter by following [@asuoutages](https://twitter.com/asuoutages).

To contact the help desk you have two options:

- Website: accessed through the MyASU Service Center at <http://my.asu.edu/service>

- Chat: assessed through the MyASU Service Center at <http://my.asu.edu/service>
- Call toll-free at 1-855-278-5080

**AACN New essentials:**

Domain 1: Knowledge for Nursing Practice encompasses the integration, translation and application of disciplinary nursing knowledge and ways of knowing, as well as knowledge for other disciplines, including a foundation in liberal arts and natural and social sciences.

Domain 5: Quality and Safety, as core values of nursing practice, involves enhancing quality and minimizing risk of harm to patients and providers through both system effectiveness and individual performance.